

# Respond Not React: Increasing Effectiveness in Kids Who Challenge Us

April 10, 2019

8:30am-3:00pm (8:00am Check In)

**Kids who won't listen or don't want to work? Feel yourself getting burned out or frustrated?** Join us for motivation and inspiration with practical, easy to use research-based strategies that will build your confidence and capacity in handling misbehavior. Angie will problem solve with you while teaching, modeling, and practicing techniques from many different behavior management philosophies. You'll add to your "tool box" to restore and rebuild relationships while feeling more effective and confident when responding to students with challenging behaviors.

## Participants will:

- Develop a better understanding of the brain and factors impacting behavior
- Participate in hands-on experiential activities that can be utilized with people of all ages
- Walk away with numerous skills and strategies to proactively and positively impact relationships with others

## Who Should Attend?

Teachers, paraprofessionals, counselors, nurses, administrators, and other interested educators

**Angie Ellsworth** MS, LSW, LSC, began her career working with people with disabilities and has spent the past 18 years working with children ages 5-16 with academic, behavioral, and mental health challenges. She maintains her licenses while working as a behavior specialist at a Rochester elementary school and provides staff development district wide, as well as training and coaching around the state. She is trained in PBIS systems implementation and interventions, Love and Logic (R), Restorative Justice, Crisis Prevention and De-escalation, Why Try? Resiliency Education and is an ENVoY (R) non-verbal behavior management coach and certified teacher. She embeds research on brain functioning and growth mindset into her approach and incorporates culturally responsive and trauma-sensitive experiential learning techniques for a hands-on experience.



## Registration Information

**Fee: \$95 [Metro ECSU Member;](#)**

**\$195 Non-member** (Fee includes lunch)

**Register online:**

<https://metroecsus.myquickreg.com/register/event>

**Registration Deadline:** April 10, 2019

**Cancellation Deadline:** April 8, 2019

**Program Contact:** Angela Skrade,  
612.638.1528 [angela.skrade@metroecsus.org](mailto:angela.skrade@metroecsus.org)

## Location:

Metro ECSU (Anderson Center, Bethel University)  
2 Pine Tree Dr, Arden Hills, MN 55112  
612.638.1500 [www.metroecsus.org](http://www.metroecsus.org)



In compliance with the Americans with Disabilities Act, when special accommodations are needed, contact Angela Skrade at 612.638.1528 or [angela.skrade@metroecsus.org](mailto:angela.skrade@metroecsus.org) at least two (2) weeks before the event date. Special accommodation cancellation notices are accepted no later than two (2) business days before the event date. Cancellations after the deadline will be billed for special accommodations fees.